

Take Action if your child has Hirschsprung-Associated Enterocolitis (HAEC).

What is HAEC?

HAEC is a bad swelling or infection in the bowel of children who have Hirschsprung Disease. It can happen quickly, and care is needed right away. HAEC may be caused by a blockage in the bowel, a bacteria, or a virus.

Hirschsprung Action Plan

GREEN ZONE		
Your child is doing well	Your child has normal symptoms: <ul style="list-style-type: none"> • Pooping every 24 hours • Eating and drinking like normal • Belly is soft and flat • No fever - temperature is under 100.4 F • Does their normal activities 	Take Action <ul style="list-style-type: none"> • Keep giving the daily bowel medicines as ordered • Call the Surgery Clinic if you have questions or concerns at 214-456-6040 • Watch for symptoms in the YELLOW ZONE
YELLOW ZONE		
Your child is starting to have symptoms of being sick	Your child has at least 1 of these symptoms: <ul style="list-style-type: none"> • Not pooping each day • Pooping each day but not as much as usual • Straining or having a hard time pooping • Explosive, bad smelling, loose poop • Belly is big or bloated • Not eating or drinking as much as usual • Nausea • Fever – temperature is over 100.4 F • Less energy or sleeping more than usual 	Take Action <ul style="list-style-type: none"> • Start doing rectal irrigations 2-3 times per day • Call the Surgery Clinic right away at 214-456-6040 • If it is after clinic hours, call the hospital operator at 214-456-7000 and ask to page the surgeon on-call • Keep giving the daily bowel medicines as prescribed • Watch for symptoms in the RED ZONE
RED ZONE		
Your child is sick and needs help right away	Your child has at least 1 of these symptoms: <ul style="list-style-type: none"> • Belly is very big or bloated • No poop comes out with irrigations • Not drinking liquids or eating food • Not peeing as much • Vomiting • Fever – temperature is over 100.4 F • Fussy and not able to be comforted • Sleeping more, trouble waking 	Take Action <ul style="list-style-type: none"> • Go to local ER for care or call 911 • Call the Surgery Clinic right away at 214-456-6040 • If it is after clinic hours, call the hospital operator at 214-456-7000 and ask to page the surgeon on-call