

COVID-19: KNOW THE SIGNS AND WHERE TO GO

Symptoms of COVID-19

- Fever
- Chills
- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Headache
- Muscle or body aches
- Nausea or vomiting
- New loss of taste or smell
- Sore throat
- Shortness of breath

Symptoms can vary and range from mild to severe.

Symptoms can show between 2-14 days after COVID-19 exposure.

What to do



Distance
from others



Get tested



Seek medical care
from primary care or
urgent care as needed



When to seek emergency care

- Trouble breathing
- Persistent pain or pressure in the chest
- Confusion or sudden change in mental status
- Inability to wake or stay awake
- Blue coloring in the face or lips
- Signs of dehydration or inability to take liquids by mouth

COVID-19 testing is available in non-hospital
and non-emergency room locations.

Only visit the ER when emergency care is needed.