

# **WANT TO HELP SAVE A LIFE?** WE THOUGHT SO.

## EVERY THREE MINUTES SOMEONE IS **DIAGNOSED WITH A BLOOD CANCER**

Thousands of patients with blood cancers like leukemia and lymphoma, or other diseases like sickle cell, need a blood stem cell transplant to survive. Most patients don't have a fully matched donor in their family — and that's when they turn to Be The Match®.

By joining the Be The Match Registry<sup>®</sup>, your genetic type will be included in the search process for every patient in need of a genetically matched donor.

We need registry members who are committed to helping save a life. That means being willing to donate to any patient in need, keeping your contact information up to date, and responding quickly if you are called as a potential match.

Donor



### READY TO JOIN?

- ☐ Confirm you're between the ages of 18-40
- ☐ Commit to donating to any patient in need
- ☐ Review the health guidelines and confirm you do not have any health issues listed

For more information contact: clifford.ackerman@nmdp.org

If you aren't ready to join at this time, that's okay. There are many other ways you can help save a life—just ask us how or visit: BeTheMatch.org/getinvolved

70%

of patients needing a marrow transplant do not have a fully matched donor in their family.\*



12,000

patients per year whose only hope for a cure is a transplant from someone outside their family.\*\*

Patient

#### **KEEP IN MIND**

- You are not donating for a patient today. The cheek swab is used to add your genetic type to the registry.
- Keep your contact information up-to-date so we can find you quickly if you are a possible match.
- You'll be listed on the registry until you're 61, unless you request to be removed from future searches.
- If you are called as a possible match, it's important that you respond quickly, and are willing to give a blood sample for further match testing.
- Share your decision to join the registry with family and friends now, so they'll support you later if you are called as a match.

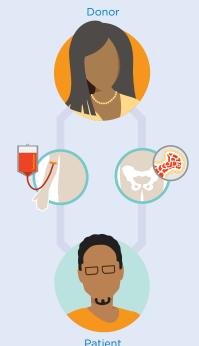
#### **DIVERSIFY** THE REGISTRY

Adding more members with diverse ethnic backgrounds to the registry increases the variety of genetic types available, helping more patients find the match they need.

#### **WAYS TO DONATE**

If you match a patient in need, there are two ways to donate. The patient's doctor chooses the donation method that is best for the patient.

PBSC (peripheral blood stem cell) donation is a non-surgical, outpatient procedure called apheresis. The donor receives a drug for 5 days prior to donation that increases the number of cells in the bloodstream. The cells are then collected during donation. Donors may experience head or muscle aches that disappear shortly after donation, and are typically back to their normal routine in 1 to 2 days.



Marrow donation is a surgical, outpatient procedure that takes place in a hospital operating room. While the donor is under anesthesia, doctors collect marrow from the back of their pelvic bone. After donation, donors may feel soreness in the lower back. Donors are typically back to their normal routine in 2 to 7 days.

<sup>\*</sup>Source: Patient Services Department, November 2020

<sup>\*\*</sup>Source: Assessment of Transplant Market Size, 2016 (6A-1) (The annual number of patients considered for allogeneic HCT is based on established treatment guidelines and published protocol success rates, applied to projected incidence per population. Data used in calculation come from the NIH, Census Bureau and other reliable sources. Includes standard indications, ages 0 through 75 years. A detailed methodology is available upon request.)