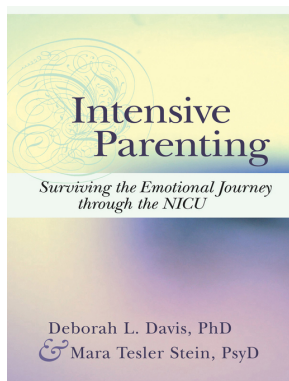


Premature Infants, Parenting & Development, Birth - Age 5



To check out our e-book and e-audiobook collection, email fri.libraries@childrens.com to set up your free OverDrive account. Additional resources are available in our Krissi Holman Family Resource Library and Children's Collection and the Karahan Family Resource Library



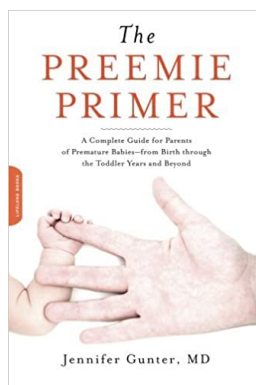
Intensive Parenting: Surviving the Emotional Journey through the NICU

by Deborah Davis

Intensive Parenting explores the emotions of parenting in the neonatal intensive care unit, from in-hospital through issues and concerns after the child is home.

Deborah L. Davis, PhD
& Mara Tesler Stein, PsyD

Available on Overdrive



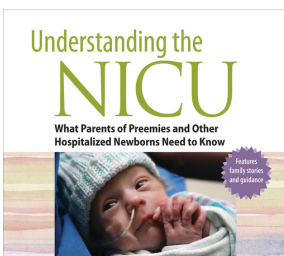
The Premie Primer: A Complete Guide for Parents of Premature Babies - from birth through the toddler years and beyond

by Jennifer Gunter

A comprehensive resource, covering topics from delivery, hospitalization, premie development, to parenting multiples, handling health issues and finding special-needs programs.

Available at

Krissi Holman Library - Dallas



Understanding the NICU: What Parents of Premies and other Hospitalized Newborns Need to Know

by The American Academy of Pediatrics

Understanding the NICU will guide you through your NICU journey, help you communicate with members of the NICU team, and learn about your baby's condition so that you can ask questions and participate as a valuable partner in your baby's care. It will also provide important information about how to care for your baby after you leave the hospital and head home with your little one.

Jeanette Zachon, RN, MN, NNP-SC, Editor in Chief
Gary Warner, MD, FAAP and David Lorenz, MD, FAAP, Contributing Editors

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN

Available on Overdrive



Premies: The Essential Guide for Parents of Premature Babies

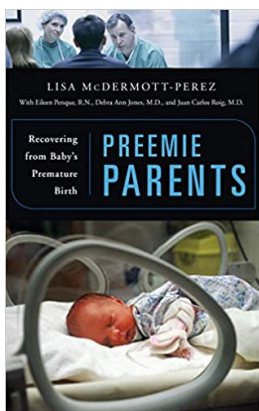
by Dana Wechsler

A comprehensive guide that shares advice on everything from risk factors and progress monitoring to homecoming preparations and development.

Available at

Krissi Holman Library - Dallas

Karahan Library - Plano



Premie Parents: Recovering from Baby's Premature Birth

by Lisa McDermott-Perez

This book takes us step-by-step to either recover as Premie Parents or to help loved ones who are facing the situation.

Available at

Krissi Holman Library - Dallas

Websites for Premature Infants & Care

MedlinePlus - Available in English & Spanish
[medlineplus/prematurebabies](https://medlineplus.gov/prematurebabies)

HealthyChildren - Available in English & Spanish
[healthychildren/stages/baby/premie/Health-Issues](https://www.healthychildren.org/stages/baby/premie/Health-Issues)
[healthychildren/Preemie-Milestones/growth/development](https://www.healthychildren.org/Preemie-Milestones/growth/development)

Family Doctor - Available in English & Spanish
[familydoctor/caring-for-your-premature-baby](https://familydoctor.org/caring-for-your-premature-baby)

Agency for Healthcare Research & Quality (AHRQ)
https://www.ahrq.gov/family_packet/transition_nicu_to_home/pdf

Center for Parent Information & Resource - Available in English & Spanish
[parentcenterhub/early-intervention-overview](https://parentcenterhub.org/early-intervention-overview)