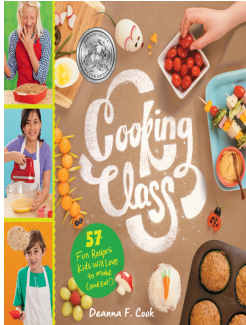




# Getting Creative in the Kitchen with the Family Book Recommendations

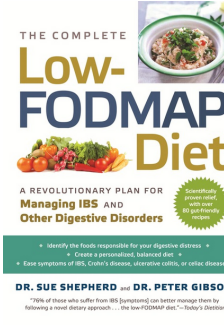
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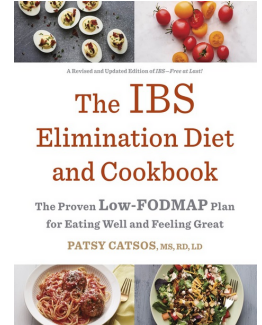
**Cooking Class: 57 Fun Recipes Kids Will Love to Make (and Eat!)**  
by Deanna F. Cook



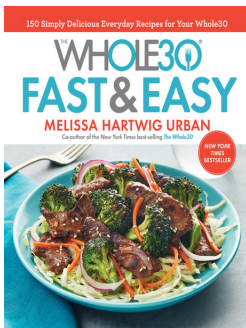
**The New Soul Food: Cookbook for People with Diabetes**  
by Fabiola Demps Gains



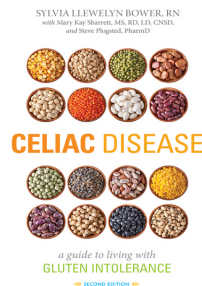
**The Complete Low-FODMAP Diet**  
by Sue Shepherd



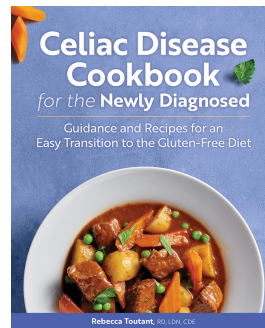
**The IBS Elimination Diet and Cookbook**  
by Patsy Catsos



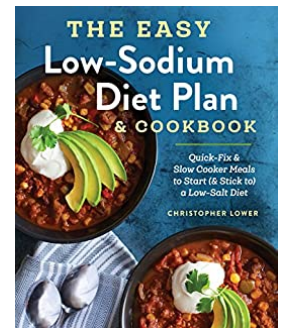
**The Whole 30 Fast & Easy: 150 Simply Delicious Everyday Recipes for Your Whole 30**  
by Melissa Hartwig Urban



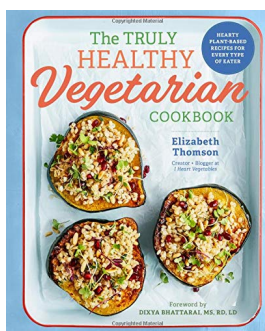
**Celiac Disease: A Guide to Living with Gluten Intolerance**  
by Sylvia Llewelyn Bower



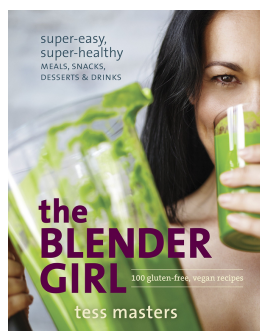
**Celiac Disease for the Newly Diagnosed**  
by Rebecca Toutant



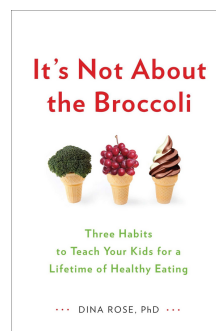
**The Easy Low-Sodium Diet Plan & Cookbook**  
by Christopher Lower



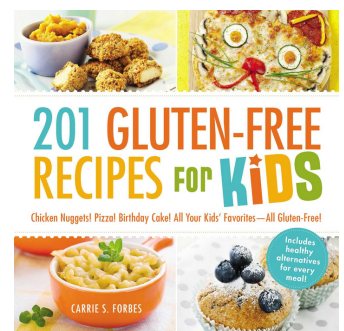
**The Truly Healthy Vegetarian Cookbook**  
by Elisabeth Thomson



**The Blender Girl: Super-easy, super-healthy meals, snacks, desserts, and drinks**  
by Tess Masters



**It's Not About the Broccoli: Three Habits to Teach Your Kids for a Lifetime of Healthy Eating**  
by Dina Rose



**201 Gluten-Free Recipes for Kids**  
by Carrie S. Forbes